



Bikes, Boats, and Big Skies Camp **Confirmation Packet**

Dear Camper and Caregiver,

Welcome to Girl Scouts Summer Camp. We can't wait for you to pack in the memories with us this summer at camp. Thank you for choosing Girl Scouts of Montana and Wyoming (GSMW) for your Girl Scout's summer adventures!

Please ensure you have paid the full camp fee two weeks before the start of your camp. If you need help with camp payments, please contact customer care@gsmw.org.

READ THIS ENTIRE DOCUMENT FROM BEGINNING TO END and refer to it regularly as you prepare for camp.

This camp confirmation packet includes:

- **PACKING LIST & CAMPER PREPARATION**

Use a pencil to help you track everything as you pack to come to camp. Bring a copy of the list to camp to keep track of everything you should take home. Label everything you bring with the camper's name! Check this section for hints on how to prepare yourself and your camper for a successful week at camp.

- **CHECK-IN / CHECK-OUT TIMES & PROCEDURES**

GSMW has defined procedures for checking in and out of camp. Directions to your camp location is also included.

- **PERMISSION/RELEASE/HEALTH FORMS**

All forms should be completed online in your UltraCamp account. Health forms that are incomplete may prevent your child from attending camp. ***You are required to report all health concerns including mental health conditions.*** We ask you to include your camper's mental health status in her health form so we can work together to ensure her success at camp.

- **CAMP SUCCESS GUIDE / FREQUENTLY ASKED QUESTIONS**

Got a question? To help you and your camper prepare for this experience, we have compiled a [Camp Success Guide](#).

If you have any questions or concerns prior to your arrival at camp, please contact Girl Scouts of Montana and Wyoming Headquarters at (406)-252-0488 or customer care@gsmw.org.

From around the campfire,
Your 2025 GSMW Resident Camp Team

BIKES, BOATS, and BIG SKIES PACKING LIST

At GSMW Camps, we dress to be comfortable and safe, and we prepare for being outdoors in all sorts of conditions. Do not bring anything to camp that cannot get dirty, messy or broken. Rugged, comfortable clothes work best! But please leave the tank tops at home. Label all belongings clearly. **The less stuff you bring the better to fit into your packs!**

ABSOLUTELY MANDATORY:

- Bicycle
- Bicycle Helmet
- Sleeping Bag (nights may be below 30°F)
- Sleeping Pad
- Small Pillow
- Small daypack or Camelbak with some storage (will be worn while biking and should have room for 2 water bottles, snacks, and a small amount of clothing)
- Main pack no bigger than carry-on luggage (this does not include the sleeping gear and daypack)

NECESSITIES/TOILETRIES/PERSONAL ITEMS:

- Travel toothbrush & toothpaste
- Travel shampoo/conditioner
- Travel soap and lotion
- Brush/comb and hair ties
- Deodorant
- Glasses or contact lenses
- Sunscreen & protective lip balm
- Travel non-aerosol insect repellent
- Feminine hygiene products (even if unexpected)
- Water bottle(s) - check for leaks
- Flashlight or headlamp & extra batteries
- Medications (in original containers with dosage & camper's name. Collected at check-in.)

CLOTHING:

- Pack light and plan to re-wear clothes, plan for 5 days of clothing
- Short-sleeved shirts (must cover shoulders/stomach; no suggestive logos)
- Shorts (padded bike shorts suggested)
- Warm pajamas
- Socks
- Underwear
- Rain Jacket
- Sweatshirt
- Long Pants
- Closed-toe shoes for biking
- Sports sandals
- Swimsuit

OPTIONAL:

- Sunglasses with case
- Camera (inexpensive)
- Journal & pen/pencil
- Money for additional snacks and souvenirs

LEAVE THESE ITEMS AT HOME:

- Electronic devices (phones, tablets, smart watches, etc.)
- Candy, food, drinks
- Curling iron, straightener, blow dryer, makeup, hairspray
- Jewelry, valuables, and things that can't get dirty
- Crop tops, tube ups, spaghetti straps, inappropriate logos, short shorts, and other items that may be offensive or don't provide protection from elements

CAMPER AND CAREGIVER PREPARATION

Before your camper comes to camp, it's important to prepare them for being on their own:

- With support and advice, let your camper pack their own bag, and teach them how to roll their own sleeping bag so they gain independence.
- Have them practice being away from home by having a sleepover at a friend's house.
- Before camp starts, have regular talks about what to do if they miss home while away.
- Listen to the camper's concerns, and provide answers to their questions. If they have questions about camp that you can't answer, feel free to ask customercare@gsmw.org.

Prepare your camper to use coping strategies, like these, at camp:

- Try to play every game and try every offered activity at least once.
- Talk with a Camp Counselor or other trusted camp staff.
- Write letters home (or keep a journal) to tell your family about all the fun activities and your new friends.
- Look forward to the new skills and adventures each day at camp.
- Introduce yourself to at least one new friend every day!

Missing Home

While at camp, campers do not have access to the phone to call home, and parents will not be able to call their campers unless it's an emergency. Campers can write letters and receive letters given to staff at check-in. Send your camper with addressed, stamped envelopes, stationery, and a pen so they are ready to write home.

For more hints on preparing for camp, check out GSUSA's "Camp Hacks" videos at:

www.youtube.com/user/girlscoutvideos/playlists

CHECK-IN AND CHECK-OUT

Drop Off	Pick Up
Sunday, July 6 - Helena, MT (time TBD)	Thursday, July 10 - Helena, MT (time TBD)

More details will come from camp staff. If you need to get in touch with the camp staff, please use the following contact information.

- Tolly Patten - 406-422-9931 - blaackraam@gmail.com
- Vicki Hentz - 406-439-9162

CHECK-IN DAY

Campers must be checked in & out on the date & within the time period assigned to your session.

- ***Late arrivals will not accepted.*** Please notify the camp staff (contact above) as soon as circumstances arise.
- Staff will meet you in the parking lot and direct you to the check-in tables. Please have any updated address/phone/health history information, and medications ready and available for the Camp Director.
- During check-in, your camper will have her picture taken for identification.
- Please leave all non-human family members at home or in the car.
- We do not allow campers to have visitors, and campers are not permitted to call home during the camp session. Prepare yourself and your camper for this. Should an emergency arise, camp staff will contact you.

CHECK-OUT DAY: Parents/ guardians are asked to pick-up their campers within the assigned check-out time range specific to your camp location and theme. Refer to the table for the correct pick-up time. Check-out times are firm and cannot be negotiated.

- *Please be prompt in picking up your camper.* Upon arrival at pickup, parents will be met in the parking lot and given directions.
- For your camper's safety, *a photo ID is required and the pick-up person MUST be listed as an authorized "Camper Pick-Up".* Please list nearby family & close friends in case of an emergency.
- If you are picking up a camper other than your own child, you *will need to have a photo identification* and be on their "Camper Pick-Up" list. Campers WILL NOT be released from camp without an authorized "Camper Pick-Up" with a photo ID.
- All campers will be signed out with the "Camper Pick-Up" at the check-out tables before leaving camp. At this time, any medication will be released to the "Camper Pick-Up".

Got a question?

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